

A-1 Home Health Care

Mission Statement

We are committed to provide interdisciplinary team approach to home health services focusing on the patient centered care planning, care coordination and quality of care that promotes the physical, social and psychological health of individuals, so they may achieve their highest level of functioning in their home setting while decreasing hospitalization, institutionalization and stigma of their illness.

Our mission is to respect and promote the rights of each home health patient. Services are provided without regard to race, color, religion, age, sex, handicap, or place of national origin.

We strive to share our knowledge and expertise with the community to serve the greatest number of people who may benefit from our mission.

Communication, Education, & Honesty

A-1 Home Health expects the highest quality standard from every member of its team to carry out this promise.

A-1 Home Health will not discriminate against any person on the basis of race, color, creed, religion, sex, national origin, disability, or age.

A-1 Home Health management and staff consist of the finest skilled medical professionals, dedicated to the belief that:

No less than the best inpatient care is acceptable.

*No less than the best in patient care
is acceptable.*

A-1 Home Health is committed to employing compassionate, competent and skilled personnel to assure appropriate, adequate, effective, & efficient home care services are being delivered to its clients.

A-1 is dedicated to continually improve its operational processes & protocols to achieve the best outcomes possible.

Thank you for allowing us to serve you & your family.

Binita Trivedi

A-1 Home Health Care Medicare & Medi-Cal Certified - Home Health & Palliative Care

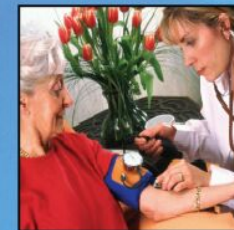
Accredited by



Community Health Accreditation Program
1275 K Street, NW Suite 800
Washington DC 20005
Tel: 202.862.3413



A-1 Home Health Care is a subsidiary of
A-1 Healthcare Management
www.a-1hm.com



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Compassionate, Caring & Competent

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Hours of Operation: 9:00 a.m. to 5:00 p.m.

Owner/COO
Binita Trivedi
562.400.0244

**No Act of Kindness
No Matter How Small
Is Ever Wasted
Aesop**

Home Healthcare Services

- Skilled Nursing
- Physical Therapy
- Occupational Therapy
- Speech Therapy
- Social Services
- Home Health Aide
- Diet Counselling

Skilled Nursing

Our Registered Nurses provide skilled care to their patients. They also provide education and helpful instruction to family members. Our nurses work to enable their patients to live and function independently at home.

This process increases the patients' comfort; thereby, improving their overall health. Our services include but are not limited to:

- Treatments & Injections
- Dressing Change
- Catheter Care
- Supervision of Medication
- Restorative Care
- Respiratory Care
- Family/Patient Health Education & Counseling
- Diabetic Education
- Care of Chronically Ill
- Drawing Blood & Lab Work
- Intravenous Therapy (I.V.)
- Wound Care
- Pre-Op and Post-Op Care

Physical, Occupational, & Speech Therapy

A-1 Home Health therapists are certified and licensed in the State of California. Each therapist is especially trained to assist patients in improving their ability to perform daily activities. Our therapists will assist family members in making arrangements for outpatient services that may not be given in the home.

Medical Social Services

A-1 Home Health Social Workers provide counseling with the patients' and/or family to help deal with social and emotional factors that are related to the patients' illness.

Our specialists help family members to properly care for the patient by communicating available community resources.

Home Health Aide

A-1's Home Health Aides assist the patient with personal care, meal preparation, ambulation, and exercises under professional supervision.

Who will need home health care?

- Patients who need short term assistance after discharge from the hospital.
- Chronically ill or permanently disabled who wish to remain at home.
- Older adults, who due to illness or disability need assistance in their home.
- Family Respite – To provide short-term relief for family members caring for a parent or their loved ones.

Who Pays for Home Health Care?

Insurance Coverage

We will verify upon receipt of any assignment of benefits. We will bill your insurance carrier directly.

Direct Payment

When billed directly to you, A-1 Home Health will provide you a statement that clearly identifies visits and hours spent in your home by our professionals. You pay the per-visit or per-hour rates, we pay all taxes and insurance for our employees.

Palliative Care

Palliative Care is different from hospice care. Palliative Care is available to you at any time during your illness. Remember that you can receive Palliative Care at the same time you receive treatments that are meant to cure your illness. Its availability does not depend upon whether or not your condition can be cured. The goal is to make you as comfortable as possible and improve your quality of life.

Our Certified Palliative Care Nurses (CHPN) provides comprehensive treatment of the discomfort, symptoms, and stress of serious illness. It does not replace your primary treatment; Palliative Care works together with the primary treatment you're receiving. The goal is to prevent and ease suffering and improve your quality of life.

Palliative Care provides relief from distressing symptoms including pain, shortness of breath, fatigue, constipation, nausea, loss of appetite, problems with sleep, and many other symptoms. It can also help you deal with the side effects of the medical treatments you're receiving. Perhaps, most important, palliative care can help improve your quality of life.

A team approach to Palliative Care can improve your quality of life in a variety of ways.

Palliative Care is provided by a team of specialists that may include:

- Palliative Care Doctors and Nurse Practitioners
- Palliative Care Nurses
- Social workers
- Chaplains
- Pharmacists
- Nutritionists
- Counselors and other



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